

How To Transform Your Thoughts From Wanting To Having

Class Three, **Lesson 2** Worksheet

By Aimmee Kodachian

How To Ask For What You Want

Date: ____/____/____

This worksheet is designed so that you can either type in your answers or print it out and fill it in by hand. You do not need to do both.

Please DO NOT start watching until you answer the question on this page.

In class 3, lesson 1, you learned about the need to balance family and friends with making progress toward your dreams. In this class, we are talking about how to ask for what you want to have in your life.

ATTN: *the more you FOCUS on what you want, the better chance you will have to get what you want. Write down the one thing you chose to have on your class one worksheet. That will help you subconsciously apply all of the lessons towards what you want to have.*

What do you want in your life that you don't have right now?

Please start writing the steps when the video screen prompts you to do so.

How To Transform Your Thoughts From Wanting To Having

Class Three, **Lesson 2** Worksheet

By Aimmee Kodachian

Step No. 1 A

Write Down The Step _____

How can this step help you get what you want?

Step No. 1 B

Write Down The Step _____

How can this step help you get what you want?

Step No. 2 A

Write Down The Step _____

How can this step help you get what you want?

How To Transform Your Thoughts From Wanting To Having

Class Three, **Lesson 2** Worksheet

By Aimmee Kodachian

Step No. 2 B

Write Down The Step

How can this step help you get what you want?

Step No. 3 A

Write Down The Step

How can this step help you get what you want?

Step No. 3 B

Write Down The Step

How can this step help you get what you want?

How To Transform Your Thoughts From Wanting To Having

Class Three, **Lesson 2** Worksheet

By Aimmee Kodachian

What “Aha!” Moments Did You Experience?

NOTES: _____

Reminder: Sharing is caring. If you enjoyed these classes and found them to be valuable, please consider sharing the first **FREE** class with your friends and family. *You might change their life!*

Here is the link for you to share class one:

<https://bit.ly/2BU6ESp>