

How To Transform Your Thoughts From Wanting To Having

Class Two Worksheet by Aimmee Kodachian

Moving From Fear To Freedom

Date: ____/____/____

This worksheet is designed so that you can type in your answers or print it and fill them out by hand. You do not need to do both.

Please DO NOT start watching until you answer the question on this page.

ATTN: the more you **FOCUS** on what you want, the better chance you will have to get what you want. Write down the one thing you chose to have on your class one worksheet. That will help you subconsciously apply all of the lessons towards what you want to have.

What do you want in your life that you don't have right now?

As a reminder, you agreed to the following questions during the last class:

1. You were ready to make the necessary changes to get what you want
2. You were prepared to look at things from a different perspective.
3. You were committed to making the necessary changes you need to make, to get what you want out of life.

This class will require you to open your mind and see things from a different perspective so you can make the changes you need to make in order to get what you want to have. It will also take you **DEEPER** into the topics we discussed in the first class.

I encourage you to stay focused, pay attention, and be honest with yourself so this class can serve you. The good news is that no one is **watching** this but you and you can take this at your own pace.

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Please start writing the steps when the video screen prompts you to do so

Step No. 1

Write Down The Step

How can this step help you get what you want?

Step No. 2

Write Down The Step

How can this step help you get what you want?

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Step No. 3

Write Down The Step

How can this step help you get what you want?

What “Aha!” Moments Did You Experience? _____

Reminder: Sharing is caring. If you enjoyed these classes and found them to be valuable, please consider sharing the first **FREE** class with your friends and family. *You might change their life!*

Here is the link for you to share class one:

<https://bit.ly/2BU6ESp>